



## ***Medical Reading***

### ***One page (30 min +) with Add-on Akashic Healing)***

#### **Your stated past life interests and/or concerns:**

Past life sources or influences of current fibromyalgia.

#### **The first past life that came up as having a significant impact on your current life:**

Europe, late 1800s or early 1900s. I am seeing very blurry images of guns, a war zone, and walking through the aftermath of a battle, hitting people with the butt end of a rifle. I am getting a sense that you and several others people would visit the “infirmary” and would purposely injure the unconscious patients in strange ways medically; like experiments, but you were not doing it for medical science or by any ethical codes. There was a feeling of intrigue and wild fun here, you and other military men around the age of 20 were sitting around the infirmary asking questions like “I wonder if we...” and then would do things to the patients that often resulted in harm, pain and for some, contributing to their eventual death. For you in that past life, it felt like nothing more than fraternity initiations. However, in reality, it was much more extreme. I get the sense that one or more woke up to live out a lifetime in pain as a result of you and your comrades’ experiments.

As far as childhood during that lifetime, I sense it was a lifetime of financial privilege, though very emotionally distant parents that left you at boarding school and other places rather than parent you. There was also some physical abuse at some point by a parent or caregiver. You bottled up the anger behind this wild, fun side that you showed to others.

#### **Important Points:**

##### Lessons / Purpose:

The purpose and lessons for that lifetime were to get an understanding of, and empathy for, people who were put into awful situations and made poor judgment calls. In previous lifetime(s) you were very harsh on people who made mistakes, and so chose circumstances that would lead you to make wrong decisions. As a karmic debt you likely put upon yourself, you chose this lifetime of pain to get an understanding of what those patients experienced.

Soul Level Truth: “Compassion for *ALL*” – is the lesson and soul-level truth you must learn in this current lifetime.

What you still need to learn: “Compassion” is what you will need to learn before you are able to accomplish what you are set out to do in this lifetime. When I asked for you to be released from your karmic debt, I was made aware that you have to accomplish this life lesson first. I get the sense that this

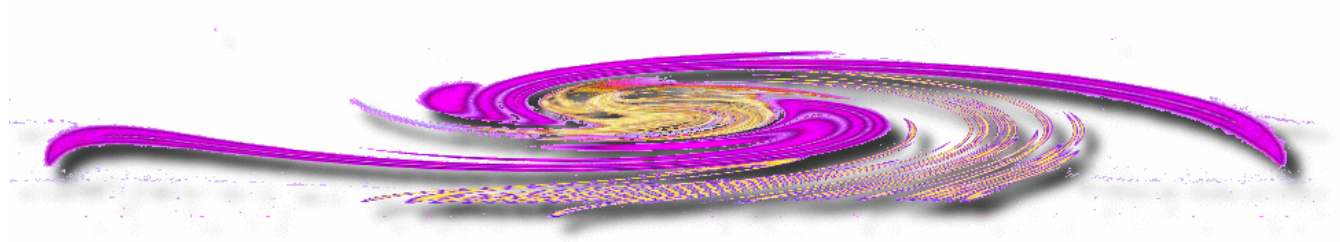
will be a long journey for you, and it will take time. However, this does not mean you must give up on finding ways to relieve the pain or improve your condition.

Healing: The first step in healing through the Akashic Records is to understand and acknowledge what the issue is, and the source of the issue. The next is recognizing the soul-level truth or lesson. I have completed a healing in the Akashic Records on your behalf to assist in removing or releasing:

- VOWS
- self-inflicted punishments
- patterns of consciousness you developed during previous lifetimes that no longer serve you

This consists of a Reiki-style energy healing towards this issue, for you, as well as directed at this specific issue in your records. Note that energy healing does not replace the self-work necessary in healing karmic lessons but supports it.

*Thank you for allowing me to read for you. Love and Light,  
Katie*



**Disclaimer:** While past lives may influence current ailments, and Akashic Records may shed light on the sources, this reading is not a substitute for proper medical or psychological care. Readings With Katie is not responsible for the actions taken by clients as a result of a reading. For entertainment purposes only.