



Health Reading Example

One page (30+ min)

Your stated past life interests and/or concerns:

Past life sources or influences of current fibromyalgia.

The first past life that came up as having a significant impact on your current life:

Europe, late 1800s or early 1900s. I have blurry image of guns, a war zone, and walking through the aftermath of a battle, hitting people with the butt end of a rifle. I get the sense that you and several other people would visit the “infirmary” and purposely injure the unconscious patients in strange ways medically; like experiments, but you were not doing it for medical science or by any ethical codes. There was a feeling of intrigue and wild fun here, you and other military men around the age of 20, were sitting around the infirmary asking questions like “I wonder if we...” and then would do things to the unconscious patients that often resulted in harm, pain and for some, contributing to their eventual death (it feels as if you did not know you were actually harming them). For you in that past life, it felt like nothing more than fraternity initiations. However, in reality, it was much more extreme. I get the sense that one or more woke up to live out a lifetime in pain as a result of you and your comrades’ experiments.

Childhood during that lifetime was one of financial privilege, though very emotionally distant parents left you at boarding school and other places rather than parent you. There was also some physical abuse at some point by an adult. You bottled up the anger behind this wild, fun side that you showed to others.

Important Points:

Lessons / Purpose:

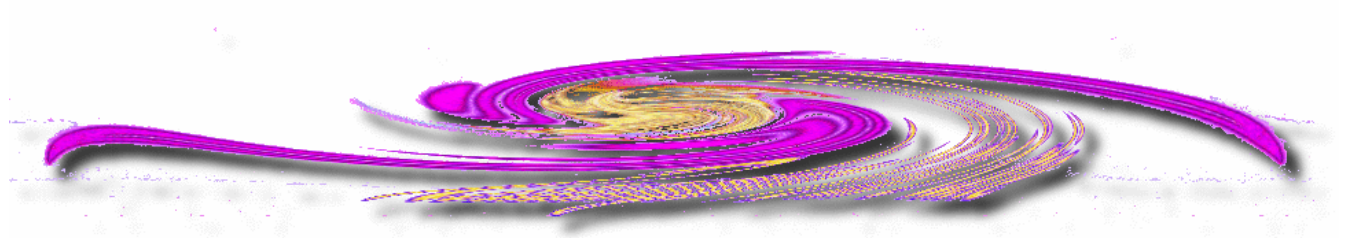
The purpose and lessons for that lifetime were to have an understanding of, and empathy for, people who were put into awful situations and made poor judgment calls. In previous lifetime(s) you were very harsh on people who made mistakes, and so chose circumstances that would lead you to make poor decisions. As a karmic debt you likely put upon yourself after the end of this lifetime, you chose this lifetime’s pain to get an understanding of what those patients experienced.

Soul Level Truth: “Compassion for *ALL*” – is the lesson and soul-level truth you must learn in this current lifetime.

What you still need to learn: “Compassion” is what you will need to learn before you are able to accomplish what you are set out to do in this lifetime. When I asked for you to be released from your karmic debt, I was made aware that you have to accomplish this life lesson first. I get the sense that this

will be a long journey for you, and it will take time. However, this does not mean you must give up on finding ways to relieve the pain or improve your condition.

*Thank you for allowing me to read for you. Love and Light,
Katie*



Disclaimer: While past lives may influence current ailments, and Akashic Records may shed light on the sources, this reading is not a substitute for proper medical or psychological care. Readings With Katie is not responsible for the actions taken by clients as a result of a reading. For entertainment purposes only.